


Positive / Negative Emotions Sorting Cards




20 CARD DECK
PLUS A LINK TO
UNIT STUDY!

Positive
Emotion
proofpositive.org

Negative
Emotion
proofpositive.org

Positive Emotion

 proofpositive.org



Negative Emotion

 proofpositive.org







proofpositive.org



proofpositive.org



proofpositive.org



proofpositive.org





TEACH

Jolts of Joy

Design Your Own Jolts of Joy List

Pick an emotion from the Word Bank. What 2 things can you do to feel it?

Joy	Love	Gratitude	Awe	Inspiration
Amusement	Serenity	Hope	Interest	Pride

Positive Emotion: _____ I feel this when I ...

1. _____

2. _____

Positive Emotion: _____ I feel this when I ...

1. _____

2. _____

Positive Emotion: _____

1. _____

2. _____

Positive Emotion: _____

1. _____

2. _____

Picture Your Joy

Attach the picture that gives you a Jolt of Joy for each positive emotion.

Joy	Amusement
Love	Serenity

Emotions Game

1. List all of the emotions you can think of:

(+) or negative (-).
You write? _____
You write? _____



Which positive emotion do you see?